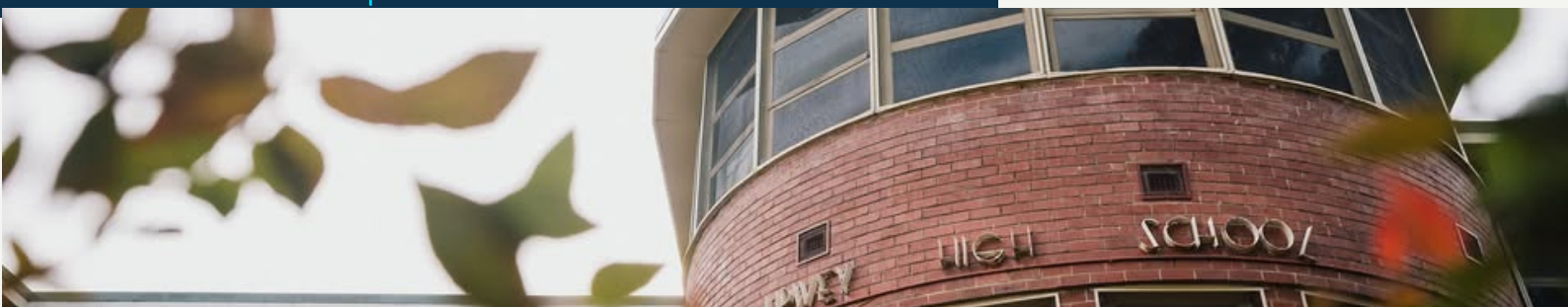


UPWEY HIGH SCHOOL NEWSLETTER

Week 6 | Term 3 | 2026



What a wonderful week it has been at UHS – and today finishing off with some of our Year 9/10 students out at Interschool Sport, and others joining Ms Post and I as we head into the city for an exciting Japanese Studies excursion to see an animated film at the Melbourne International Film Festival and experience Japanese cuisine.

I was very proud of our school this week as we participated in the 'Bullying No Way: National Week of Action'. With one of our school values being 'Kindness' it is so important to educate our young people and the effects their words and actions can have on others. As a school we play a vital role in providing education, support and consequences when things do go wrong. We are also a school that uses restorative practices when harm does occur – and it is our duty to ensure restorative conversations do occur when there are incidents of bullying. We take the humiliation, degradation and vilification of others very seriously and we were very proud of the ways in which our students have participated in this national week of action. A reminder that if you, or someone you know is experiencing bullying at school please contact the relevant Team Leader or a member of our wellbeing team for support. Bullying is never okay. To find out more about our Bullying Policy please see our website, which includes all of our policies about Child Safe Standards.

This week we were extremely excited to welcome through our doors, over 200 primary school students to view the matinee performances of our school production 'Rock of Ages'. This amazing show opens its doors to the public tonight, with their premier opening. Tickets are still available, but selling fast – shows continue tomorrow night and again next Friday and Saturday night. If you haven't yet secured your tickets, you can scan the QR code on the poster towards the end of this week's newsletter or you can click the link here:

<https://www.trybooking.com/events/landing/1589831>

On Thursday Tanya Au – Later Years Assistant Principal and I attended the Outer East Principal Forum where we learnt about some important updates from the Department of Education. One for families to note – which is going to be implemented in 2027 – is the ways in which schools will be required to report on student progress to parents. I will share more information about this towards the end of the year. Teachers are currently busy completing the Term 3 Interim Reports for you (which will be available on Compass on September 3) ahead of our Parent/Teacher Interviews which are on Wednesday September 9. This year we will be trialling a hybrid model – having parents come onsite, and for those who can't an option to attend online.

Have a great weekend – my daughter is playing in her preliminary final for footy so hopefully a win and then off to the Grand Final next week!

Rachel Lynch – Principal

TERM 3 – WEEK 7

Monday August 24

Tuesday August 25

Year 10 excursion to Swinburne
Year 11 VM Club Lime excursion

Wednesday August 26

Yr 11 Geog excursion to Puffing Billy
Year 10 FVREE Workshops

Thursday August 27

Year 7 Basketball and Table Tennis

Friday August 28

Wear it Purple (accessory) Day
Year 8 UPS Reading Program
School Production – Show #3

UHS Athletics Carnival 2026

After being postponed in Term 1, the Upwey High School Athletics Carnival finally went ahead last Thursday at the Knox Athletics Track.

Despite a few showers throughout the day, the weather didn't dampen the enthusiasm of our students or staff. Students proudly represented their houses, competing across a range of track and field events. A special shout out to Mr Sommerville, Mr Searle and Mr Douma, who joined the students in the 3000m run — although they did manage to miss the first lap!

The final results were close, with Chandler taking out first place after a strong performance across the events.

Final House Results:

- Chandler** – 1st (1,191 points)
- Knox** – 2nd (1,141 points)
- Bleazby** – 3rd (1,003 points)
- Crow** – 4th (798 points)

Congratulations to all students who competed, cheered on their house and contributed to a fantastic day! Students who placed 1st, 2nd or 3rd (for some events) need to keep an eye out in their emails for information regarding our District Athletics event, on Tuesday 1st of September. Go Upwey!





Bullying No Way: National week of action
17-21 August 2026

Proudly supporting Bullying No Way: National week of action

This week Upwey High School has participated in the Bullying No Way: National week of action, 17 to 21 August 2026. Bullying No Way Week is a commitment being made by thousands of schools and supporters across the country. It provides an opportunity to demonstrate our commitment to bullying prevention. It gives us an opportunity to connect with students, staff and school communities to implement workable solutions to prevent bullying.

The theme for this year's campaign is Small Acts, Big Impact. Each day you would have received a Daily Focus Message via Compass on how to enact this year's theme.

It takes a community to address bullying behaviours, within and beyond the school gate. Students can make a big impact through small acts of kindness and support for others being bullied. Trusted adults are there to guide children and young people as they learn how small, thoughtful actions can create a positive difference and encourage reporting of bullying.

During Aspire, students engaged in meaningful discussions and activities that highlight how small actions can create a big impact, along with watching a replay of The Kids Helpline largest Anti-Bullying Lesson. We encourage families to use this time to have open and supportive conversations with their children about recognising bullying, its effects, and ways they can make a positive difference.

This Bullying No Way Week, we're encouraging you to embrace the theme Small Acts, Big Impact. Show kindness, support others and take meaningful steps to stand up against bullying.

You can visit the Bullying No Way website for [tips around how to have this discussion.](#)

For more information about Bullying No Way Week and bullying prevention, [visit the Bullying No Way website.](#)



Year 7 Music Maestros

This week our Year 7 Music students have been very busy learning all about the Cello and Violin...here is what they had to say:

"Cello is a very nice sound, it was really cool to play, I love strings, especially cello." - Verity Harris

"The Violin was fun to play, but was sort of difficult" - Grace Townley.



Year 7 Vic Volleyball Cup

Wow! What an awesome 3 Day Vic Cup for our 8 Year 7 teams. Andrea McGuinness & I are super proud of all the teams & how much they improved over the past 3 days. A big thanks to all their phenomenal coaches - you guys have been amazing!!! We are so lucky to have so many ex-students coming back to coach even as parents - you guys are awesome!!

Thanks to the families for coming along to support across the tournament. Also a big thanks to our school for their support behind the scenes.

A big congratulations & thanks to all the players for their outstanding behaviour, effort & sportsmanship - you guys were ace!!! GO UPWEY!!! 🧡💙🧡💙

Results:

MVP - a huge congratulations goes to Lakyn Bryant who was awarded MVP for the Year 7 Division 1. What an outstanding achievement & thoroughly deserved!! 🧡🧡

SILVER - a big congratulations to the 7B girls white for coming 2nd division 3. They came against a very tough opponent in the gold game but gave it their all. Well done!!

BRONZE - a big congratulations to the 7B boys navy for winning Bronze in Div 3 & they came very close to getting through to the gold game. They played some great volleyball!!!

- 7A girls Blue (Div 1) - 9th
- 7A girls yellow (Div 2) - 10th
- 7B girls navy (Div 3) - 4th
- 7A boys blue - (Div 1) - 8th
- 7A boys yellow - (Div 2) - 5th
- 7B boys white - (Div 3) - 5th



Well done to all our teams & bring on 1 Day Vic Cup on Thursday 10th September!!! No training next week for all Year 7s. GO UPWEY!!!! 💙🧡🏐💙🧡🏐



Year 11 Downball Championships



Each Friday, Year 11 students compete in the highly anticipated Downball Championships in the Year 9/10 Courtyard, with students battling it out for the coveted gold medal.

Last week, Max Logan demonstrated outstanding skill and determination, defeating a strong field of competitors to be crowned the reigning Downball Champion. Congratulations to Max on this fantastic achievement!



One of our Year 11 students recently had the exciting opportunity to attend the National Fashion College's exclusive Fashion & Beauty Marketing Masterclass in Melbourne. The experience provided an insight into the fast-paced world of fashion and beauty marketing, with students exploring social media strategy, content creation, brand storytelling and career pathways across the creative industries. Students also heard from industry professionals, including Alex Mackintosh, Social Media & Communications Executive at Sephora, gaining valuable insights into what it takes to build successful brands and campaigns.

STUDENTS REFLECTION:

My fashion master class was a five-week program that took place on Tuesday nights over Zoom, starting in July and finishing with an in-person class at the

National Fashion College. Throughout the course, I learned about different areas of the fashion industry, with the main focus being on styling and fashion management. I learned more about how styling works, how fashion businesses are managed, and what goes on behind the scenes in the fashion industry. The online classes gave me the opportunity to learn from people working in fashion and helped me understand the different career pathways available.

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The final in-person class was one of my favourite parts of the experience because I got to put what I had learned into practice. We learned how to properly make mood boards based on the vibes of the outfits we wanted to style (mine is in the photo below, its made from old fashion magazines and it's a bit unfinished) For our group project, we created a back-to-school outfit using clothes provided by the National Fashion College, and I was the model for our styling project. It was exciting to work with my group, see everyone's ideas come together and experience what it is like to be involved in a real fashion styling environment. Overall, the master class gave me more confidence and a better understanding of the fashion industry, especially styling, and made me even more interested in pursuing fashion in the future.



Delicious Delights

Students in Year 7 have been very productive in the kitchen this week making an old time favourite - scones!

We also used the Writing Revolutions sentence fragment strategy (one of our key Literacy Strategies at UHS!) to write about the scones:

Scones are amazingly sweet. - Jacob

Scones are sweet-smelling and a beige colour. - Verity

Scones are very good and tasty. They can be sweet or savoury depending on what you put on them. - Grace



MAKE EVERY DAY COUNT!

ATTENDANCE MATTERS
AT UPWEY HIGH SCHOOL



1 day every 2 weeks
= 4 weeks a year
½ year lost by Year 12

2 days a week
16 weeks a year
Almost 2 years lost!



1 day a week
8 weeks a year
Almost 1 year lost!

3 days a week
24 weeks a year
Almost 3 years lost!

**YOUR FUTURE STARTS
WITH SHOWING UP TODAY!**



UPWEY
HIGH SCHOOL

Upwey High School Presents

ROCK OF AGES

TEEN EDITION TM

Book by Chris D'Arienzo
Arrangements and Orchestrations by Ethan Poppo

By Arrangement with ORIGINTM Theatrical on behalf of Samuel French, Inc., A Concord Theatricals Company
Logo Design by AKA NYC

AUGUST 21, 22, 28 & 29

*Book tickets
today!*



UHS EXPECTATIONS IN 2026



Relationships

Kindness and Respect is to be displayed by all members of our community at all times. Build positive relationships with those around you and look after each other



Attention



Laptops are used in the classroom for teaching and learning purposes only. They must remain closed at all times unless students are instructed by a teacher to use them. Students are expected to give teachers 100% of their attention when being taught in class

Uniform

Students are permitted to wear uniform items (bottom half only) that do not have a logo but they are NOT permitted to wear tracksuit pants or leggings. All top half uniform must have the approved UHS Logo as supplied by KLAD. Year 7-9 students can wear PE Uniform on days they have PE only.



Food & Beverages



Energy Drinks are completely banned on school grounds
Water bottles are the only drink permitted in class
NO food permitted in class at all (students can eat at recess/lunch or during the five minute break between P1 and P2 or P3 and P4 only)

Key to Opportunities



To access opportunities to attend sports, excursions and camps our staff will work with families and students to support strong and consistent school attendance. Where attendance is a concern, the school may work with families to ensure students are demonstrating a commitment to regular attendance before participating in additional school opportunities. Students will also be required to demonstrate positive behaviour at school (no more than three serious behaviour concerns on Compass in a Term) and be completely up to date with schoolwork.

Aspiration

Respect

Kindness